



# AMERICAN SOCIETY OF SAFETY PROFESSIONALS

Central Texas Chapter

# 2022

# 01

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## What's Planned for This Month?

### January Meeting



**Monday, January 24, 2022**  
**11:00 AM – 1:00 PM**

**Kalahari Resorts &  
Convention Center**  
**Round Rock, TX**

Question or Comment?  
[Contact Us!](#)



## Message from the President



To My Fellow Safety Professionals,

How do you wrap up all the events that have happened in 2021? Will COVID-19 ever go away? How many variants will there be? These are questions we would all like the answer to.

Throughout the pandemic, workplace safety has become more important than ever. As safety professionals, our expertise has been brought to the forefront to help address and allow people to return to work, restaurants, movies, events, etc. I know most of us are tired, but remember, as safety professionals, people are looking to us and first responders to ease their anxieties.

Balancing safety with rapid growth is very important. Therefore, we have different disciplines and experts in the safety field so that we can lean on each other. Well, unless your Joann Natarajan from OSHA.

The Central Texas Chapter of the American Society of Safety Professionals (ASSP) Chapter has hundreds of members who have knowledge in several different disciplines in safety. You may be working on a project or issue that another member has already completed. You have that ability to network with other members and build a safety toolbox to assist you with every aspect of safety. You might be asking yourself, "How do I do that?" It is easy and simple. Come to a monthly meeting and network with your fellow ASSP members!

The Executive Board has several interesting site tours and speakers lined up for 2022. With the COVID-19 epidemic still rampant, if you do not feel safe coming back to a face-to-face meeting, please respond back to the email and we can schedule a virtual option to the meeting.

I would like to welcome all of you chapter members back in 2022 to share your knowledge with the rest of the ASSP community. Make a resolution to return to the Central Texas Chapter ASSP monthly meetings. The monthly newsletter will have the dates of our upcoming meetings and events.

I look forward to seeing you soon.

Happy New Year!

Sincerely,  
*Robert Garcia,*  
President CTC ASSP



[Website](#)



[Job Board](#)



[Events](#)



[Chapter Library](#)



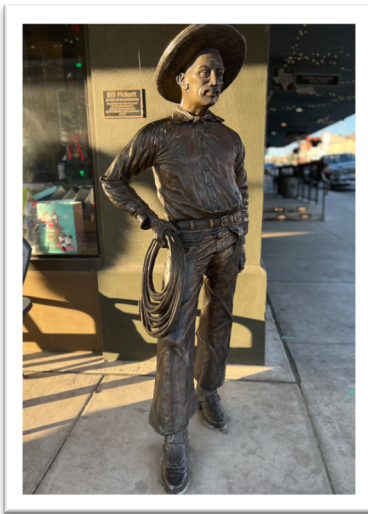
[ASSP Podcast](#)

# What You Missed: December Meeting



Top Photo: Suds, the brewery cat and her namesake beer.

Bottom Photo: Bill Pickett statue outside of the Texas Beer Company in Taylor, Texas



The Central Texas Chapter ASSP had a fun and informative charitable event to celebrate the holidays at the Texas Beer Co. in Taylor, Texas. Attendees had the opportunity to tour the brewery with one of the brewery founders, JD Gins. Suds, the brewery cat, greeted the tour group. Attendees also met with Taylor City Council members Brandt Rydell (Mayor), Gerald Anderson (Mayor Pro-Tem and Founder of the Bill Pickett Foundation), Robert Garcia (our Central Texas Chapter President), and Jeff Jenkins (Deputy City Manager).

Attendees shared a holiday meal prepared by a caterer local to Taylor. To the right, is a photo of some of the event attendees sharing table with Taylor City Council members.



Meals were prepared and donated to local emergency responders.

Attendees donated gifts to the Bill Pickett Foundation to benefit children of all ages this holiday season. Collections were placed with the already large collection of local donations at the Texas Beer Co. taproom (photo to the left).

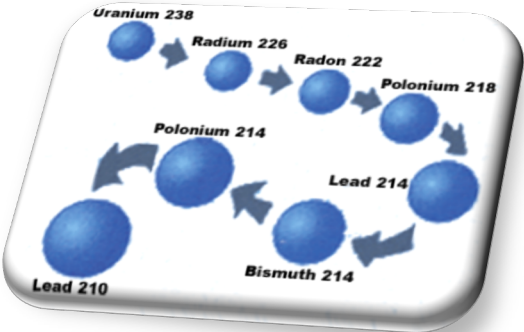


## Safety Trivia Time!

January is national radon action month. What is the primary pathway for human exposure to radon?

- A. Absorption
- B. Injection
- C. Ingestion
- D. Inhalation

Check out next month's issue for the answer!  
Answer for the December 2021 Issue: C. 8-10 seconds



## Student Highlight



**Lee Bates**  
Associates Degree  
Texas State Technical  
College

**\$1000 Scholarship  
Recipient**

Dear Friends,

I am writing to thank you for the ASSP Scholarship I received earlier this year, 2021. Your generous donation helped ease the financial burden I, like most students, faced while furthering my education. In particular, because I live almost an hour away from the TSTC-Waco Campus, your funds played a huge part with fuel expenses for the mileage I had to drive each day for my courses.

As a Retired Army 1<sup>st</sup> Sgt, I found myself back in school with students half my age. Yet with additional life experiences comes wisdom. During the semesters, I tried to model and instill to the younger students the enormous value education plays in our lives. I felt compelled to amplify my efforts into the courses and hoped others would follow.

During several of my classes, our instructors spoke about the worthy accomplishments and benefits of the ASSP. I joined and continue with the membership today and hope it inspires others to follow the goals of the organization to enhance education and the professionalism of its members worldwide. In the end, because of generous supporters like the ASSP, I was able to graduate, completing two degrees simultaneously and graduating with Honors.

Thank you again to the local chapter of the ASSP. I sincerely appreciate your support and pray all stay safe in these trying times.

## Upcoming Events: New Year, New You: Safety Professional Edition

We are so excited to share the *New Year, New You: Safety Professional Edition* series events that will be happening this year! Dates will be published in the February newsletter!

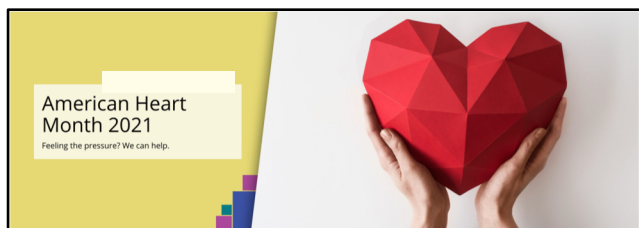
### Topics

- Personal Branding
- Time Management
- Leadership
- Networking
- Dressing for Success
- Using Your Voice
- LinkedIn Resume Writing

A limited number of professional headshot photoshoots will be raffled off at select events.

## Monthly Safety Tip

We are all safety professionals here, but we don't all know everything! Find out if you know what the heart health pros know.



### American Heart Health Month is in February! What can you be doing?

1. Get certified in cardiopulmonary resuscitation (CPR). [Click here to find a class near you.](#)
2. Learn more about [hypertension](#).
3. Learn more about [heart healthy foods](#).

For more great info: [Heart Health Activities](#)





## Industrial Hygiene & Occupational Health and Safety: Working Together

Industrial Hygiene (IH) is a science and art devoted to the anticipation, recognition, evaluation, control, and confirmation of protection from those environmental factors or stresses arising in or from the workplace which may cause sickness, impaired health and well being, or significant discomfort among workers or among citizens of the community.

Industrial hygienists and occupational health and safety science professionals come from all walks of life and pathways. What they all have in common is a commitment to protecting the health and safety of people where they work. They are the "invisible heroes" who make sure our friends, acquaintances, and loved ones come home safe every day.

Taken from the [American Industrial Hygiene Association](#) website

## Continuing Education Opportunity



Adapting Your Ergonomics Program to the Hybrid Work Environment

**REGISTER NOW**  
Thursday, Feb. 3, 2022  
1:00 p.m. - 2:30 p.m.




**Date:** Thursday, Feb. 3, 2022  
**Time:** 1:00 pm – 2:30 pm EST  
(12:00 pm – 1:30 pm CST)

**Earn 1.5 Contact Hours**  
Member \$140  
Nonmember \$175  
Student \$25

### Presenters

Penney Stanch, CIH, CSP, CPE

Marjorie Werrell, DPT, CIE, CPEE

[Click Here for More Information](#)

## Opportunity to Shine



Liberty Mutual Safety Innovation Award in Construction

In partnership with the Center for Construction Research and Training



[Click Here for Information](#)



**FUTURE SAFETY LEADERS PROGRAMMING**



[Developed for ASSP Student Members & Emerging Professionals](#)

**How to Register:** ASSP student members and emerging professionals need to register for each individual event that they are interested in attending. Event links are provided after successful registration for each event. For registration info contact student services at [StudentServices@assp.org](mailto:StudentServices@assp.org).

**Why Attend?** Geared toward OSH students and emerging professionals looking to transition into their careers, the Future Safety Leaders Conference programming offers unique opportunities to:

- Network for the purpose of seeking out employment opportunities
- Engage in virtual programming discussions with experienced safety professionals
- Gain career advice from ASSP leaders and top employers
- Enhance career development skills
- Develop leadership skills that you can be transferred to the future workplace
- Share best practices and meet key ASSP leaders

**Programming Costs:** Program registration is free and there is no application process.