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## What's Planned for This Month?

### February Meeting



#### [Energy Management for EHS Professionals](#)

[Monday, February 21, 2022](#)  
[11:30 AM – 1:00 PM](#)

[Register to Attend this Virtual Meeting](#)

Question or Comment?  
[Contact Us!](#)



## Message from the Treasurer



A few years back, a professor told my class that what we learned in course work would help us do our jobs initially, but it would be critical that we actively and constantly learn about new developments and grow our capabilities throughout our careers. I did not initially comprehend the significance of that insight, but today I can say it is one of

the best pieces of career advice I ever received. Continuing my education to improve my knowledge, skills, capabilities, and awareness of relevant new developments has been critical in my professional focus. This principle of balanced self-renewal is called “sharpening the saw” and it is something we should all commit to as ASSP members.

What brought me to ASSP originally was exactly what we typically see in our chapter meetings: access to legacy knowledge within the profession that is otherwise typically not available. Countless members in our club bring a breadth of experience from which we all can learn from as well as endless opportunities for networks or connections. Though our profession is ever changing, basic tenants remain forever constant: how to influence change, leading by example, owning safety for you and those around you.

The challenge at hand is transferring this “SAFETY” knowledge to the next generation of safety professionals through a productive and active chapter. So, my message to you is this: if you’re actively engaged in the chapter, please keep it up. We have a fantastic slate of meetings and events that will support the chapter’s goals this year and will give you access to your fellow members in meaningful and impactful ways. If you’re near the end of your career and not active, please come join us! There are familiar faces and brand-new people to share your experiences with. Lastly, if you’re “young” and not active, come on in! We need you and your peers to be a part of the next several years of ASSP.

While ASSP works hard to help us develop the knowledge and skills we need to achieve our career goals, we can’t do it without you. Help advance ASSP’s continuing education and networking efforts! I encourage you to share your ideas with ASSP’s executive committee. Through our collective participation, expertise, and commitment to lifelong learning, we can help all ASSP members “sharpen their saws” and enhance our club’s ability to continue to grow.

Keep an eye on your emails for meeting announcements and our monthly newsletter!

*Jason Allgood*  
Treasurer CTC ASSP



[Website](#)



[Job Board](#)



[Events](#)



[Chapter Library](#)



[ASSP Podcast](#)

## What You Missed: January Meeting

The Central Texas Chapter ASSP had a guided tour through Kalahari Resorts and Convention Center in Round Rock, Texas. During the lunch portion of the visit, members and their family heard from Hannah Sanchez, EHS Manager, and Wallace Johnson, Director of Security. Members learned about the complexities of managing a site with diverse environments and experiences, and public safety, public health, and occupational health and safety concerns while operating all day, every day, throughout the year. We were lucky to have them step out of their busy schedules to share their experience and wisdom!



Top Right Photo: Kalahari EHS & Security Management Team with CTC ASSP President, Robert Garcia.

Bottom Left Photo: Lunch & Learn with the Kalahari EHS & Security Management Team.

Bottom Right Photo: Group Photo

## Safety Trivia Time!

The American Burn Association observes Burn Awareness Week in February. What is the #1 cause of home fires?

- A. Cooking
- B. Smoking
- C. Unattended Electrical Equipment
- D. Other Electrical Issues

Check out next month's issue for the answer!  
 Answer for the January 2022 Issue: D. Inhalation



## Society Voting Update

Society is holding a [House of Delegates vote on two new business items](#). Two voting packages have been released to delegates. The packages include the following components:

1. Real Estate Voting Package
  - Communication package that addresses the real estate opportunity and action requested
  - Motion
2. Governance Voting Package
  - Summary cover memo
  - Summary of research findings
  - Communications package that summarizes the final governance model proposed
  - Motion
  - Redline bylaws
  - SOG approved by the Board of Directors

All delegates on record were sent their online ballot on Friday, Jan. 28. Ballots will open through Monday, March 14, 2022, 12:00 p.m. ET. Results will be communicated at a future meeting.

## Monthly Safety Tip

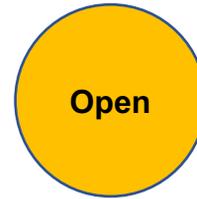
We are all safety professionals here, but we don't all know everything! Find out if you know what the eye health pros know.

### Workplace Eye Wellness Month is in March! What can you be doing?

Symptoms of digital eye strain, also referred to as computer vision syndrome, include tired, burning or itching eyes, dry eyes, blurred vision and/or headache. To help reduce the effects:

1. Change color settings or use computer glasses with yellow-tinted lenses that block blue light can help ease digital eye strain by increasing contrast.
2. Take frequent breaks by using the "20-20-20" rule, as recommended by the [American Academy of Ophthalmology](#) and the [American Optometric Association](#). Every 20 minutes look away from your screen and look at an object 20 feet away for at least 20 seconds. This gives your eyes a chance to reset and replenish themselves.

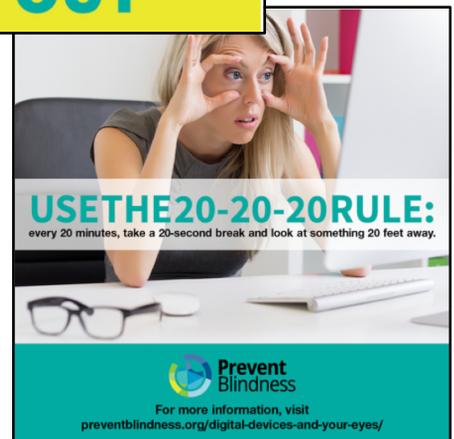
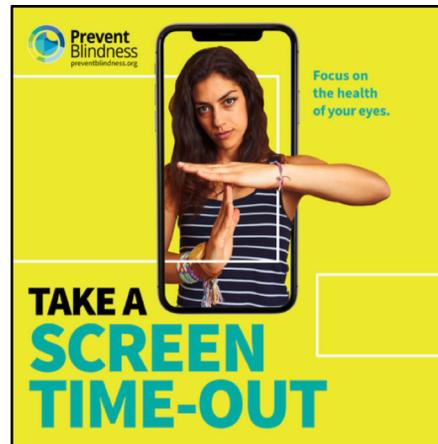
## Open Board Positions



- Webmaster
- Student Leadership Chair
- Membership Chair
- Board Volunteer

The Central Texas Chapter ASSP is a non-profit organization that runs on volunteerism! Without volunteers, a passion for safety and the desire to create an organization we can all be proud of, our local chapter would not exist.

While we understand that some of you have many hats to juggle, we know that some of you may be seeking an opportunity to contribute to the safety professional – and your professional development – in another, more meaningful way! Reach out to us: [secretary@centraltexas.assp.org](mailto:secretary@centraltexas.assp.org)



## Upcoming Events: New Year, New You: Safety Professional Edition

This month, we are so excited to kick off our *New Year, New You* professional development series with Subena Colligan, MS, CIH, CSP. Ms. Colligan (SC) will be delivering a 3-part lecture series over the next few months. In addition, we will be hosting two courses from the University of Texas Extension School (UT), and other activities, with the goal of bringing awareness to ourselves and developing YOU, our members!

- February 21, 2022: Energy Management (SC)
- March 21, 2022: Time Management (UT)
- April Date TBD: Leadership (UT)
- May Date TBD: Mindful Strategy (SC)
- June Date TBD: Personal Branding (SC)

Save-the-Date notices will be sent out as we receive confirmation!

## Construction Group Update

### Monthly Meeting

**Date:** Tuesday March 8<sup>th</sup> @ 11:30 AM

**Location:** Independent Electrical Contractors – 8868 Research, Suite 502.

**Speakers:** John Brattlof, Corporate Safety Director at White Construction and Todd C. Smith, VP of HR and Safety at BCS Concrete

### Topic: Symbiotic Safety

The presentation will explore how Safety and Operations are interpedently connected. By understanding the motivations of Executives, Managers, and Employees, a safety system can be modified to align the goals and motivations of each level toward having safety become the natural outcome.

Attendees must RSVP with Joann Natarajan at [natarajan.joann@dol.gov](mailto:natarajan.joann@dol.gov) to be included in the lunch count.

The Construction Group meets the second Tuesday of each month at the same location.

## ChapterWISE Update



# WISE

Women in Safety Excellence

ChapterWISE has been working in the background to bring you some amazing events this year as part of the *New Year, New You: Safety Professional Edition* professional development series.

While the events are open to all members of the Central Texas Chapter ASSP, these events are intended to provide our ChapterWISE members access to free professional development and skills to help encourage, advocate and help empower WISE women in the safety profession.

Looking to get involved? Reach out to [ChapterWISEATX@gmail.com](mailto:ChapterWISEATX@gmail.com)

## Social Media Website Update



[LinkedIn](#)



[Facebook](#)

Are you on social media? So are we! Join us online to discuss hot topics and network with other Central Texas Chapter ASSP Members!

We just opened a new Facebook group! Check out the links above to visit the page and join!